Wellbeing workshops for people living with cancer

Every workshop offers an invaluable opportunity to talk to others in a similar situation, whilst helping support people with their changing appearance. People leave our workshops feeling empowered, motivated and less isolated – allowing them to feel more confident during their cancer journey.

Next workshop is Tuesday 25th November 2025 10:30-12:30

Spaces still available, please use the QR code or phone number below to book. The next workshop, following this one, will be in March 2026.

